



LIVING BEYOND BELIEFS

My life would be much better if only:

my partner was more attentive...
the past had been easier...
my bank account was bigger ...
my body was healthier...
my children listened to me more...
people were more accountable...

Can you really know it's true?

How would you live differently
if you weren't waiting for *something* outside of you, or even *inside* of you to change?

Happiness and freedom might not rely on the actual circumstances, events or situations around you, but rather be the result of **what you think about** the people, circumstances and events around you...

Clarity Coaching teaches four simple questions you can ask yourself when faced with disappointments, frustrations, and challenges that help you to see yourself and your world from an entirely different perspective (The Work of Byron Katie, www.thework.com). The resulting new awareness brings freedom, laughter, peace and trust into your experience in ways previously unimaginable.

These are the results you can expect from **Clarity Coaching**:

- Let the past go once and for all
- Reduce stress
- Resolve conflict
- Learn how to stop saying yes when your heart says no
- Discover how to forgive the "unforgivable" with integrity and heart
- Recognize the doorway to greater good inherent in every problem

Clarity Coaching offers services for individuals, couples, families, groups and organizations in-person and around the globe via telecommunications. Our certified coaches have over 35 years collectively as practitioners of The Work.

Extensive training for professionals is available through Clarity Coaching Institute Certification Program designed to develop personal mastery of The Work as well as expertise in facilitating The Work with others as helping professionals. CCI Graduates are psychologists, MSWs, counselors and coaches. Kathryn Dixon, Founder of Clarity Coaching is a published author, dynamic speaker and a gifted facilitator-trainer with over 12 years of service in this field.



Kathryn Dixon



Kathy Melby



Carol van der Meulen



Rebecca Overson



Diane Bradshaw (AZ)

SATISFACTION GUARANTEED

Curious? Call to Schedule a Free 20 minute sample session. 801-487-7621

"Phenomenal!" S.N., Fine Artist **"It is amazing how quickly the anger and resentments just melt away."** J.H. Graphic Artist **"I've tried so many approaches Finally, one that really works!"** M.P. Owner, Construction Co. **"Clarity Coaching has a drastic impact. The change in perspective is significant and completely positive."** K.T. Real Estate **It was shockingly simplistic and divinely rewarding.** A.L. Entrepreneur

www.ClarityCoachingInstitute.com